

Glam +Glo Medical Aesthetics Lounge

Botox, Dysport, & Xeomin Post-Treatment Instructions

To minimize your chances of a potential complication (drooping on the eyelid(ptosis)) it is highly recommended that:

- 1.) You should NOT lie down or bend over for at least 4 hours after treatment. (or receive any treatments that require laying flat such as facials, eyelash extensions and so forth)
- 2.) You should NOT massage, manipulate, or put pressure on the injected sites. This includes wearing a hat.
- 3.) Do NOT perform activities involving straining, heavy lifting, or vigorous exercise for 4 hours after treatment. This will keep the Botox in the injected area and not elsewhere.

It is advised that you NOT take Aspirin, Advil, Aleve, or Ibuprofen for 24 hours – it will increase your chances of bruising (take Tylenol if you experience a mild headache, which occasionally happens).

You may gently ice the area post treatment, but use light pressure. Do NOT press firmly on treatment areas for 4 hours.

Take Benadryl as directed over the counter for any welts, redness, or itching

It can take approximately 4 to 7 days for results to be seen. If the desired result is not seen after 2 weeks of your treatment you may need additional Botox. You are charged for the amount of product used. Therefore, you will be charged for a product used during any touch-up or subsequent appointment.

If you have any questions or concerns please contact us via our website at www.theglamandglo.com to talk to one of our health care providers and/or to schedule a follow-up visit.

